

# Durham Attack Summer Camps 2022

## DURHAM ATTACK VOLLEYBALL SUMMER CAMPS 2022 AJAX

2 WEEKS

July 4 - 7

August 8 - 11

### CAMP GOAL

The purpose of the SSS Volleyball Camp is to give the campers the tools necessary to learn how to play the game and become a well-rounded volleyball player. Emphasis will be placed on learning what is required to grow mentally and physically as a volleyball player and athlete. It is our intention to provide not only quality volleyball instruction, but an enjoyable experience as well.

*Durham Attack / SSS Volleyball Camps are the official summer camps and only camp endorsed by the Durham Attack Volleyball Club.*

### TRAINING

The SSS Volleyball Camp is a blend of physical and technical training in conjunction with strategy and mental preparation. There will be many game like situations presented and the camp will include tournament play. Each camper will be provided with an evaluation and their fitness testing scores.

### ELITE COACHING STAFF

Camp Director: **Chris Williamson**

- 26 years of club coaching experience
- OVA Coach of the Year (2002, 2015)
- OVA Volunteer of the Year (Invictus Games: 2018)
- 7 time National Championship Head Coach
- 6 time Provincial Championship Head Coach
- House League Coordinator 2006-2022

**Current and Former Head Coaches:**

<u>Kelly Blea</u>	—	Durham Attack Camps Lead Coach
<u>Mike Bossence</u>	—	H.C. Club Team in Sweden , DA Tech Dir.
<u>Adam Pelton</u>	—	Boys U14 Head Coach
<u>Chris Dunn</u>	—	National Championship Coach

We hire many other highly qualified and experienced coaches.

SSS Volleyball Camp will be staffed with one head coach and two assistant coaches for every 20 campers. Camp staff consists of elite club and university athletes and coaches.

### Sample Camp Day

8:00	Camp Arrival
8:05	Warm Up
8:20	Skill Development
9:00	Team Playing Session
10:00	Skill Development
11:00	Lunch (supervised)
12:00	Fitness Session
12:45	Skill Development
1:45-	Team Playing Session and
2:30	Tournament Play
2:30	Camp Departure

### GENERAL INFO

SITE: NOTRE DAME CSS in Ajax

\$300 / week

A camp information package, map to the facility, camp confirmation letter, and medical release form will be sent upon acceptance.

Campers are responsible for their own transportation to and from camp each day.

All campers between the ages of 7 to 15 are eligible to participate in camp.

Register online at  
[www.sssyouthvolleyball.ca](http://www.sssyouthvolleyball.ca)



SCAN ME

### REGISTER ONLINE:

[www.sssyouthvolleyball.ca](http://www.sssyouthvolleyball.ca)  
<https://bit.ly/DA2022Camps>

### CONTACT US:

email: [durham\\_attack@hotmail.com](mailto:durham_attack@hotmail.com)  
phone: (905) 409-2387